



CALL FOR PAPERS

Academic Workshop

“Recipes and Gastronomy as Cultural Heritage: Meaning, Methodology and Media” October 22-25, 2025 – University of Gastronomic Sciences – Pollenzo, Italy

The University of Gastronomic Sciences (UNISG) invites proposals to participate in the workshop *Recipes and Gastronomy as Cultural Heritage: Meaning, Methodology and Media*, taking place **October 22-25, 2025** in Pollenzo, Italy.

This methodological workshop is organized within the framework of the EU-Horizon RELISH project (Reframing European Gastronomy Legacy through Innovation, Sustainability and Heritage, funded by the European Union – Project: 101177427 – RELISH – HORIZON -CL2-2024-HERITAGE-01) and aims to engage historians and other scholars across disciplines in discussions on the nature of recipes – how they are created, interpreted, shared, and transformed over time and across contexts.

Each session will be dedicated to different approaches to studying recipes as cultural artifacts producing human heritage, or the strategies of their digital organization and dissemination.

We invite two types of case studies, focusing on European examples and beyond:

1. **Research case studies** that critically utilize recipes as sources to understand historical and social processes.
2. **Recipes in digital dissemination projects**, addressing their use in digital humanities, public history, or indexing projects.

In our research project, we consider recipes as cultural artifacts and expressions that come in many forms, including in published/printed commercial cookbooks; as recorded in manuscripts, memoirs, autobiographies, personal writings; shared on social media by professional chefs or groups of consumers/eaters; as part of oral traditions, etc.

While recipes may seem like mere culinary instructions, they also serve as rich cultural artifacts that reveal information about: markets and exchange; landscapes and climates; agricultural practices; tastes and identities; ideas about nutrition and health; models of conviviality and commensality; notions of respectability, purity and

authenticity; gender identities and roles; transmission of knowledge and values across generations and space; relations of power; and so forth.

We are especially interested in three approaches to the use of recipes as source material and cultural heritage:

- mobility and exchange - the historical movements and exchanges of foods, plants, animals, people, ideas, and values at the margins and within Europe, as reflected in recipes.
- agency - the authorship and authority of the recipes. Who are the authors? Who defines correctness or authenticity? How do recipes reclaim identities?
- interdisciplinarity - the various disciplinary approaches with which recipes should be conceptualized.

Submission Guidelines: We invite proposals for case studies focusing on historical or contemporary case studies that fit within the workshop's thematic scope.

Please submit the following to s.cinotto@unig.it by **April 30, 2025**:

- A 300-word abstract describing your case study.
- A brief bio (150 words) including your institutional affiliation.
- Indication of which dimension your study aligns with (1. Research case studies that critically utilize recipes as sources / 2. Recipes in digital dissemination projects).
- Indication of your itinerary, which will be considered for possible flight reimbursement within the workshop's budget limitations.

Once accepted, participants are expected to circulate their case studies **in the form of working papers** (approximately 3000 words) which will be circulated in advance of the workshop. Each session of the workshop will be dedicated to discussing each case after a brief oral presentation (15 minutes). The **working paper submission deadline is October 8, 2025**.

The **working papers discussed at the workshop** will be invited to be submitted in the form of an extended essay to become part of a peer-reviewed edited volume to be submitted for publication to an academic press.

Key Dates

- 300-word Case Study Proposal Submission Deadline: April 30, 2025
- Notification of Acceptance: May 30, 2025
- Working Paper for Circulation Submission Deadline: October 8, 2025
- Workshop Dates: October 22-25, 2025

We will cover accommodation, meals, and ground transportation expenses. Flight costs will be reimbursed on a case-by-case basis within budget constraints.

Please do not hesitate to reach out if you have any questions or requests for clarification to **Simone Cinotto** at **s.cinotto@unisg.it**.

Best regards,

The Workshop Organizers:



Simone Cinotto (UNISG Pollenzo, Italy)

Claudia Sbuttoni (UNISG Pollenzo, Italy)

Daniel Bender (University of Toronto, Canada)

Regina Sexton (University College Cork, Ireland)

Daniel Newman (Durham University, UK)


 @relish-he.bsky.social  @relish_he

RELISH: Reframing European gastronomy Legacy through
Innovation, Sustainability, and Heritage

Project: 101177427 – RELISH – HORIZON-CL2-2024-HERITAGE-01



Funded by
the European Union

relish.eu.org 

OSP/02/25/063